

**Director's Message:**

Dear Neighbor's and Friends:



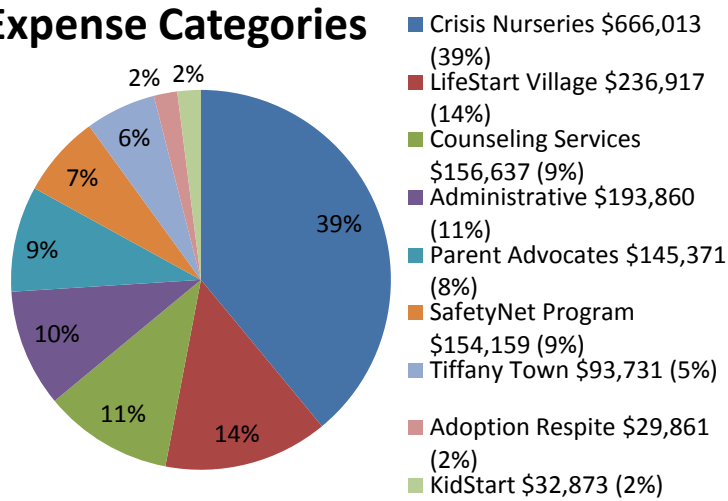
Happy New Year! We are so excited to be sharing this special time of year with you. It is a time for reflection, and gratitude. A time for new goals, and renewed invigoration for making a real difference in the Salt Lake community. As we forge into 2011, FSC is as committed as ever to our mission statement, "Protecting Children, Strengthening Families, Preventing Child Abuse". We know this would not be possible without your support; thank you for caring about children and families in our community as much as we do. Please watch for our quarterly newsletters to stay apprised of our latest efforts and dealings. Visit our website for class schedules or more information at [www.familysupportcenter.org](http://www.familysupportcenter.org) . Find us on Facebook as well!

Best Wishes,

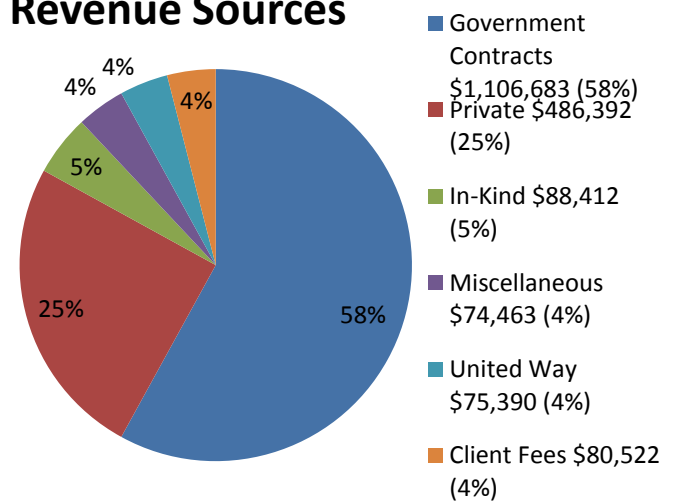
Bonnie Peters, LCSW  
Executive Director

**Fiscal Year 2009/10 Financial Report**

**Expense Categories**



**Revenue Sources**



**Program Descriptions and FY 2009/10 Numbers**

**CRISIS NURSERIES**

FSC is happy to offer crisis nurseries in 3 locations in the Salt Lake Valley. Parents under extreme stress and/or in crisis can bring their children ages 11 and under for up to 72 hours at a time, free of charge. Crisis Nurseries are open 24/7.

*Children receiving care: unduplicated: 1,837 / duplicated: 11,122*  
*Total hours of crisis care: 63,537 Meals and snacks served: 10,441*

**\*Crisis Care hours provided, up 15% from last year**

**MENTAL HEALTH COUNSELING**

Clinicians provide mental health counseling and community classes at low, to no charge in order to make mental health services accessible to the most people possible. Community classes include Parent Education, Anger Management, and Stepfamily blending classes.

*Clients Served: 305 Counseling Sessions: 2,844*  
*People attending classes: 321 Number of class sessions: 829*

**\* Number of counseling sessions up 52% from last year**

**LIFESTART VILLAGE**

LifeStart Village provides transitional and permanent housing for mothers and their children who are homeless, or at risk for homelessness, many escaping domestic violence. Our self-sufficiency program aims to help women go from homeless to home-owners. This year 87% of LifeStart residents increased their self-sufficiency. Five women increased self-sufficiency to the point of being off state assistance within the year.

*Women residing or participating in 2009/10: 47 Children: 83*  
*Total Hours of Case Management: 624*

**ADOPTION RESPITE**

Parents who adopt at least one child from the State can have an adoption respite worker come to their home for a nominal fee to watch their children while they take a break, run errands, etc. They also have the opportunity to take advantage of free child care for "date nights" monthly.

*Families Served: 27 Children: 96 Hours of Care: 1593*

**\* Hours of Care up 49% from last year**

**SAFETY NET**

At the request of the Attorney General, Family Support Center spearheads outreach to families in polygamous communities, helping get resources to both those wanting to transition out of such communities, and those wishing to remain in. Services include collaboration, victims services (domestic violence, child abuse, sex abuse, etc.), family & marriage counseling, individual/group therapy, and outreach.

*Individuals served: 2,132*

**\* Individuals served doubled from last year**

**PARENT ADVOCATES**

Parent Advocates go into the homes of high-risk families to offer support and teach skills such as budgeting, non-abusive parenting techniques, resource utilization, and social etiquette. Last year DCFS reported that of the families who received services, including those provided by the Family Support Center, 93% did not experience repeat maltreatment within 6 months, and over 90% were able to stay in their homes without the need of Foster Care services.

*Individuals Served: 434 Number of home visits: 1168*

**Current Events**

- ❖ FSC is in the process of trying to open an autism respite center. Currently Salt Lake has no center-based option for autistic respite child care. We are excited to potentially be able to offer this greatly needed service to the community!
- ❖ We will be doing a silent, online auction in April; watch for information on our website, facebook, or contact Miriah at [miriah.griffith@familysupportcenter.org](mailto:miriah.griffith@familysupportcenter.org)
- ❖ KidStart Daycare is open and taking kids! KidStart offers affordable, quality child care. We accept state assistance payments, have extended and weekend hours, and offer drop-in child care. Call 801-566-1656 ext 1222 for information!

