



The  
**Family Support Center**  
www.familysupportcenter.org



# FREE SERVICES

## CRISIS NURSERIES

FREE emergency and respite childcare for children from birth through age 11. Services can be used for medical appointments, legal obligations, stress breaks, job interviews, and more. In specific emergency situations, children may be able to receive care for up to 72 hours.



### Sugar House

2020 South Lake Street  
Salt Lake City, UT 84105



### Midvale

777 West Center Street  
Midvale, UT 84047



### West Valley

3663 South 3600 West  
West Valley City, UT 84119

\*Hours are subject to change and may be closed on certain holidays and training days. Nurseries can be opened at any time for emergencies. Visit the website for updated hours.

## IN-HOME PROGRAMS

**ADOPTION RESPITE CARE:** Childcare for families who have adopted children through the state or public welfare system.

Visit [www.familysupportcenter.org](http://www.familysupportcenter.org) or  
call 801-955-9110 for more info.

Strengthen Families, Protect Children, and Prevent Abuse.



# Other Services

## COUNSELING SERVICES

Counseling for children, families, and individuals. Select insurances are accepted including Medicaid, Select Health, and United Behavioral Health. A sliding-scale fee is available for those without insurance. Call for more details.

## PARENT EDUCATION CLASSES

The Nurturing Parenting program is an evidence-based parenting course dedicated to empowering individuals and families. The course is free for parents and meets once a week for 8 weeks. The program features activities to:

- ♥ Foster positive parenting skills with nurturing behaviors
- ♥ Promote healthy physical and emotional development
- ♥ Teach appropriate role and development expectations

## LIFESTART VILLAGE

Breaks the cycle of poverty and homelessness for single parents by allowing them to 1) stabilize their situation, 2) heal from past trauma and abuse, and 3) strengthen their family for up to 5 years. LifeStart Village is a unique self-sufficiency program that includes case management, classes, and housing.

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